

# Emergency First Aid at Work Course

This one day training course will provide candidates with the EFAW certificate to comply with HSE requirements. This is an HSE approved and certified course.

It may also be used as a knowledge update.

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- Communicating with a casualty
  - Contents of First Aid Kit and avoiding cross contamination
  - Recording of incidents and accidents
  - Assess the situation and circumstances in order to act safely and promptly
  - Administer first aid to someone who is:
  - Unconscious ( including seizures )
  - Cardio-Pulmonary Resuscitation
  - Choking
  - Wounded and bleeding
  - Shock
  - Minor conditions including minor cuts and bruises, minor burns and scalds.

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## Aims/Outcomes

- Candidates will have an effective understanding of the knowledge required to assist in a first aid emergency at work.

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## This course will be attended by

- Anyone with First Aid role within a company.
  - Managers
  - Supervisors
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- Successful candidates will receive HSE approved certification valid for three years.